



world mental health day

Wednesday 10 October 2007 12-4pm

A day of free activities on the theme of mental wellbeing and cultural diversity, including introductory sessions, art and music workshops.

For more information contact: Mind 01442 215117



world mental health day
Art Exhibition
Thursday 4 - Saturday 27 October

Watford Museum
194 High Street, Watford, Herts WD17 2DT
Telephone: 01923 224772 www.watfordmuseum.org.uk
Opening hours: Thursday to Saturday 10am – 5pm

